

# Personal Support Workers

First Steps



## Are You Considering a Personal or Home Support Worker?

This brochure will help you determine if it's time to get assistance in caring for your loved one.



# Personal Support Workers

What can Closing the Gap do for you?



## Quality & Support

We believe in support services that are affordable, and backed by a team of professional healthcare practitioners who truly care.



The Personal Support Workers and Home Support Workers at Closing the Gap are qualified healthcare professionals that specialize in high-quality and personalized care for each and every client.

Managing everyday tasks can be challenging for people who are faced with health related issues, and/or aging.

Our support workers can assist you with tasks around the house and even help you run errands.

In order to assist you in getting the proper help, one of our care coordinators will visit your home and work with you to assess your needs and create a plan of care based on your requirements

## Our Personal and Home Support Workers provide the following services:

- › Bathing
- › Grooming
- › Toileting
- › Meal planning and Preparation
- › Feeding
- › Medication Reminders
- › Watchful Companionship
- › Lifts and Transfers
- › Escorting to Medical Appointments
- › Escorting to Social Outings and Events
- › Light Housekeeping
- › Laundry
- › Social Interactions such as Reading, Card Games, and Walks






# Personal Support Workers

Working Through the Process






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## Initial Phone Call

-  Expect a 10 minute call
-  Learn about the services that we offer
-  Schedule your free in-home assessment




## In-Home Assessment

-  Discuss in-depth needs
-  Outline a schedule that works best for you
-  We answers any questions you may have



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## Providing Service

-  Develop a family-centric care plan together
-  Find the perfect support team for your care
-  Ready to schedule your first visit



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# Personal Support Workers

Personal & Professional Care



## OUR HELP. YOUR HOME.

A Closing the Gap Personal Support Worker can give you the relief you're looking for by alleviating the stresses of caring for your loved ones alone by providing the best care possible.

**Finding personal, professional home care has never been easier.**



**24 hour**  
service  
**365 days**  
a year



Call us today for your free in-home assessment!

[www.closingthegap.ca](http://www.closingthegap.ca)



1-877-560-0202

